

ARE YOU LONESOME

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MUSIC: Strictly Dancing Waltz CD 15 341 Track #3 "Are You Lonesome Tonight"
by Tony Anderson String Orchestra or Contact Choreographers
PHASE: WALTZ IV+2 (Tipple Chasse - Hinge)
FOOTWORK: Opposite except as shown in parentheses
SEQUENCE: INTRO A B C A (Modified) END

INTRO

01-04 LOP FCG RLOD LEAD HNDS JOINED WAIT;; FWD HOVER SCP; CHAIR & SLIP;

01-02 in LOP fcg RLOD w/lead hnds joined wait 2 meas;;
03 fwd L trng LF blending to CP, sd & bk R w/rising action, cont LF trn blending to SCP fwd L;
04 ck thru R, rec L [no rise]. w/slight LF trn slip R beh L cont trn (W swivel LF on R step fwd L
outsd M's R ft) end CP;

PART A

01-04 DRAG HESIT; OP IMPETUS; SLOW SD LOCK; OP REV TURN;

01 fwd L begin LF trn, sd R cont LF trn, draw L twd R end CBJO;
02 comm RF trn bk L, cl R [heel trn] cont trn, fwd L (W comm RF trn fwd R, pivoting _ RF sd &
fwd L cont trn around M brushing R to L, fwd R) end SCP DLW;
03 thru R, sd & fwd L to CP, xRibL trng slightly LF (W xif) end CP DLC;
04 fwd L trng LF, cont trn sd R, bk L end CBJO;

05-08 HOVER CORTE; OUTSD SWIVEL; WEAVE 6 BJO;;

05 bk R start LF trn, sd & fwd L w/hovering action, rec bk R end CBJO;
06 bk L, xRifL w/no weight, (W fwd R, swivel RF on ball of R ft) end SCP,-;
07-08 fwd R, fwd L trng LF to CP, sd & bk R (W fwd L, trng LF sd R to CP, cont trng on R fwd L); bk
L trng W to CBMP, bk R trng LF to CP, sd & fwd L trng W to CBMP (W fwd R to CBMP, fwd L
trng LF to CP, sd & bk R to CBMP);

09-12 NAT TURN; TIPPLE CHASSE PIVOT; SPIN TURN; BOX FINISH;

09 comm RF trn fwd R, sd L to CP RLOD, bk R ;
10 comm RF trn bk L trng fc COH, sd R/cl L, cont RF trn sd & fwd R spinning to CP RLOD;
11 cont RF trn bk L pivoting _ to fc LOD, fwd R, rec sd & bk L (W cont RF trn fwd between M's ft
pivoting 1/2, bk L toe cont trn brush R to L, sd & fwd R);
12 bk R trng LF, sd L, cl R end DLC;

13-16 DIAMOND TURN CKG;; OP IMPETUS; THRU FC CL;

13-14 fwd L trng LF, cont trn sd R, bk L to BJO; staying in BJO & trng LF step bk R, sd L, fwd R ckg;
15 repeat meas 02 PART A;
16 step thru R, sd & fwd L trng RF to CP WALL, cl R to L;

PART B

01-04 CLOSED HOVER; BK/CHASSE BJO; OPEN NAT; BK PASSING CHG;

01 towards Wall fwd L, fwd R rising with hovering action, rec bk L;
02 bk L, sd L/cl R. sd & fwd L trng slight LF end CBJO DLW;
03 comm RF trn fwd R, sd L, cont slight RF trn to lead ptr outsd bk R to CBJO;
04 bk L, R, L;

05-10 BK DIAMOND TURN ;;; CHG OF DIR; CL TELEMAR; FWD DEVELOPE;

05-07 trng LF step bk R, sd L, fwd R blending to CBJO; fwd L, sd R, bk L; bk R cont trn, sd L fwd R
end CBJO DLW;
08 fwd L, fwd R w/R shldr lead & turning LF, draw L to R end CP DLC;
09 fwd L, fwd & sd R around W trng LF, step fwd & sd L (W bk R comm LF heel trn on R heel bring
L besd R w/no wgt, cont LF trn on R heel & chg wgt to L, step bk & sd R) end BJO;
10 fwd R, tch L besd R, -(W bk L, bring R ft up L leg to outsd of R knee, extend R ft toes down);

11-14 OUTSD SWIVEL; WING; TWKL to BJO RLOD; FWD HOVER BJO;

11 repeat meas 06 PART A;
12 fwd R, draw L twd R, tch L to R trng upper body LF (W fwd L comm to cross in front of M trng
LF, fwd L cont trn, fwd L cont trn) end SCAR ;
13 with slight xing step in front of R fwd L comm LF trn, cont trng LF sd & fwd R, cont trn rec L end
CBJO RLOD;
14 fwd R, fwd L rising with hovering action, rec bk R;

PART B (Continued)

15-16 ONE RIGHT TURN; FWD WALTZ;

- 15 bk L trng RF, cont trn sd & fwd R, cl L end CP/LOD;
- 16 fwd R, L, R;

PART C

01-06 REV TURN;; FWD WALTZ; OPEN NAT; BK PASSING CHG; FEA FINISH;

- 01-02 fwd L commence LF body trn, sd R cont turn, bk L LOD to CP (W bk R commence LF body trn, cl L to R for heel trn cont trn, fwd R); bk R cont LF trn, sd & fwd L DL W, fwd R to BJO (W fwd L cont LF trn, sd R to DL W, bk L to *BJO*);
- 03 fwd L, R, L;
- 04-05 repeat meas 03-04 PART B;;
- 06 bk R trng LF, cont LF trn sd & bk L, fwd R outsd W to CBJO DLW;

07-11 HOVER TELEMAR; SEMI CHASSE; X HESIT; BK BK/LK BK; OP IMPETUS;

- 07 fwd L, diag sd & fwd R rising with body trng RF, fwd L small step to SCP;
- 08 thru R, fwd L/cl R, fwd L;
- 09 thru R, comm LF trn on R touching L, cont trn (W thru L, sd R around M trng L, cont trn cl L to R to CBJO);
- 10 bk L, bk R/lk LifR (W lk RifL), bk R;
- 11 repeat meas 02 PART A;

12-16 THRU SEMI CHASSE; THRU to HINGE & EXTEND;; LINK to SCP; CHAIR & SLIP;

- 12 thru R, fwd L/lk RibL, fwd L;
- 13-14 thru R comm LF trn to fc ptr, sd & slightly fwd L w/L sd stretch flexing L knee rotate upper body LF releasing L hnd hold,-; (W thru L comm LF trn to fc ptr, sd R sd stretch, swiveling LF of R xLib flexing L knee extend R thru holding M's shldr w/W's R hnd look well L end in hinge line); with M & W's L hand free slow extend sd,-,-;
- 15 rec R, brush L with hovering action, fwd L (W fwd R. trng RF sd & fwd L, fwd R) to SCP;
- 16 repeat meas 04 INTRO;

PART A (Modified)

01-04 DRAG HESIT; OP IMPETUS; SLOW SD LOCK; OP REV TURN;

- 01-04 repeat meas 01-04 PART A;;;;

05-09 HOVER CORTE; OUTSD SWIVEL; WEAVE 6 BJO;; NAT TURN;

- 05-09 repeat meas 05-09 PART A;;;;

10-16 TIPPLE CHASSE PIVOT; SPIN TURN; BOX FINISH; DIAMOND TURN;;;;;

- 10-12 repeat meas 10-12 PART A;;;;
- 13-16 fwd L trng LF, cont trn sd R, bk L to BJO; repeat meas 05-07 PART B;;;;

END

01-04 OP TELEMAR; NAT HOVER F'WAY; SLIP PIVOT; FWD FC CL;

- 01 fwd L to CP comm LF trn, sd R cont trn, sd & fwd L (W bk R comm LF trn, cl L to R for heel trn, sd & fwd R) to SCP DL W;
- 02 in SCP thru out fwd R w/slight trn to R,-, fwd L on toe trng R with slow rise, rec bk R end SCP;
- 03 bk L, bk R trng LF, fwd L (W bk R start LF pivot on ball of ft, fwd L cont LF trn, bk R) end BJO;
- 04 fwd R trng RF to fc ptr, sd L, cl R;

05-06 PROM SWAY; SLOW CHG OF SWAY;

- 05 sd & fwd L trng to SCP & stretching R sd upward to look over joined lead hnds, relax R knee,-;
- 06 slow rotate upper body RF slightly lower & chg sway to R as music ends;